

# Giving Adolescences Meaningful Experiences





## What We Do!

**G.A.M.E.** functions as a "Hybrid Mentoring" program. In addition to providing mentorship and guidance, we incorporate pedagogical strategies and Pennsylvania Department of Education (**PDESAS**) learning standards in our sessions, combining this with what we call "Real-life" pedagogy. Sessions are highly engaging allowing participants to easily connect with the content. We focus on creating a student center experience allowing participants to become vested in their personal growth.

We pull from multiple resources to ensure we are able to assist participants in all areas---ranging from mental health sessions (**DBT**), legal counseling, post-secondary education, trade school, ACT/SAT prep, interpersonal skills, and long-term goal planning (**S.M.A.R.T Goals**).

Goals).

We have seen great success working with all six of the Community Intensive

Supervision Program **(CISP)** locations and area high schools in Allegheny County, such as Westinghouse High School and McKeesport Area High School.

We will facilitate a full diagnostic personality assessment (**True Colors**), allowing participants and us to identify their strengths, weakness, stressors, esteem, career matches, attributes, and learning style.

Lastly, we open our campus to our groups for planned visits and characterbuilding experiences.

## G.A.M.E.

Eliminating barriers for students in CISP and providing strategies to be successful in the workforce, college, and personal life.

### Resources

#### **Self-Enhancement**

- TRUE Colors Assessment
- ISP (Individual Success Plan)
- S.M.A.R.T. Goals
- Interpersonal Skill Development

#### **College Prep**

- Admissions
- SAT/ACT prep
- Financial Aid (FAFSA, PHEAA, etc.)
- Campus Tours
- Mentorship

#### **Professional Development**

- Resume creation & enhancement
- Interview skills and Etiquette
- Career exploration
- Career Match

#### **Mental Health**

- DBT (Dialectal Behavior Therapy)
- Self-esteem
- P.T.S.D. (Post Traumatic Stress Disorder)
- Self-Assessment

## Realize Your Potential

It's your time to shine! Eliminate the fog and discover that bright light hidden within. Join our journey to unveil your "True Colors" ...Let's Shine!

www.greaterallegheny.psu.edu/game

## Contact Us

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