

## DO I NEED TO TEST?

I tested positive for COVID-19 within the 90-day window before my planned return.	No test required.* <a href="#">Upload non-Penn State test to myUHS</a> for review and approval.
I am learning remotely from home, will not be on campus during the spring semester, AND my home is <b>more than</b> 20 miles away from a Penn State Campus.	No test required.
I am learning remotely from home, will not be on campus during the spring semester, AND my home is <b>within</b> 20 miles of a Penn State Campus (including World Campus students).	<b>Testing required.</b> Request a test as soon as possible.
I am returning to my campus community, but all of my classes are remote.	<b>Testing required.</b> Use testing schedule below.
I am returning to campus and have in-person classes and/or on-campus commitments.	<b>Testing required.</b> Use testing schedule below.
I am not returning to campus but have an approved internship, clinical, practicum or other in-person learning experience.	<b>Testing required.</b> Use testing schedule below
I remained in my campus community over winter break (including graduate, international, and off-campus students).	<b>Testing required.</b> Request a test as soon as possible.

\* Once the 90-day window ends, students should resume all University testing requirements.

## YOUR COVID-19 TESTING SCHEDULE

I am returning to Penn State on \_\_\_\_\_

Steps/Timeline	Action	My Due Date
21 days before your return date	Check the <a href="#">Know Your Status</a> portal	
At least 14 days before your return date	Request my test by	
14 days before your return date	I need to begin limiting interactions on	
7 days before your return date	I need to quarantine and limit interactions by	
5 days before your return date	Complete my test and mail it back by	
Within 72 hours of your test arriving to the lab	Receive test results. If positive, isolate and do not return to campus.	

## YOUR PRE-SEMESTER TESTING CHECKLIST:

I am ready to arrive/have met testing requirements when I have:

- Received a negative COVID-19 test result by the date determined in the testing schedule
- OR**
- Tested positive in the 90 days prior and, if necessary, uploaded my third-party positive test results and received verification. (It is not necessary to upload test results from a Penn State testing process such as Vault Health or through health services on your campus.)
- Checked the [Know Your Status](#) portal to confirm I have completed the requirements.

### For additional information:

**COVID-19 Response Center:** 814-865-2121

*International, graduate, and World Campus students can also contact the Office of Global Programs, their college, and/or the Graduate School with specific questions.*